



IOWA-PCIT

IOWA-PCIT Training Part I and II

April 12 to 16, 2027 (Part I)

July 12 to 14, 2027 (Part II)

Beth Troutman, PhD, ABPP, ECMH-E®

407 5th Street

Coralville, IA

Description of training: This year long training provides mental health providers with the training and consultation needed to deliver IOWA-PCIT. Providers learn: 1) to administer and interpret standardized assessments of parent-child interaction based on attachment and behavioral principles; 2) to administer and interpret standardized assessments of disruptive behavior; 3) to coach parents in Child-Directed Interaction (CDI) and Parent-Directed Interaction (PDI). Providers begin delivering IOWA-PCIT following Part I training (April 12 to 16, 2027). Monthly consultation calls and Part II training (July 12 to 14, 2027) provide support for implementation of IOWA-PCIT and tailoring coaching based on attachment, presenting problem, and other aspects of patient population.

About the trainer: Beth Troutman, PhD, ABPP, ECMH-E® is an Emeritus Professor of Psychiatry at the University of Iowa Carver College of Medicine. Dr. Troutman's research on attachment, infant mental health, and PCIT has been published in peer-reviewed journals and presented at national and international meetings. She developed IOWA-PCIT, an approach that incorporates attachment theory into PCIT, and has trained hundreds of therapists in IOWA-PCIT. Her book, *Integrating Behaviorism and Attachment Theory in Parent Coaching*, published in 2015, reviews research on interventions based on attachment theory and behaviorism and how to integrate these approaches clinically. Her book, *Attachment-Informed Parent Coaching*, published in 2022, discusses how to tailor PCIT coaching based on child-caregiver pattern of attachment and caregiver's attachment state of mind. Her books have been translated into Korean and German.

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Registration fee: \$4,000 per person

Name:

Credential (e.g. LISW, LMHC, MSW, PhD, MD):

Organization:

Address:

City:

State:

Phone:

Email:

Payment: Registration is complete when form and fees are received.

Mail registration and check to:

IOWA-PCIT, LLC

415 5th St.

Coralville, IA 52241

Conference registration fees do not include lunch or accommodations.
Arrangements for accommodations are the responsibility of participants.